



Class Descriptions

Mini Movers:

For 3 1/2 year-olds, this class involves yoga, large muscle movements, and basic rhythms. The class is 30-minutes long, meeting once a week for 8 weeks. Children should wear comfortable clothing that they can move in and have bare feet. Hair should be tied back or pinned back from the face. No jewelry. No gum.

Fairy Ballet:

For 4 year-olds, this class presents basic ballet skills with large muscle movements. The class is 45-minutes long, meeting once a week for 8 weeks. Children should wear a black leotard, pink tights, pink ballet shoes (canvas or leather). Their hair should be in a bun. No jewelry. No gum.

Ballet:

For children ages 5+, classes begin to teach basic ballet skills through advanced classes in Pointe. Class is an hour long for a 13 weeks session. Some classes meet twice a week. Children should wear a black leotard, pink tights, pink ballet shoes (canvas or leather). Their hair should be in a bun. No jewelry. No gum.

Modern:

Based on the technique of fall and recovery, the class accepts students age 8 and above. As a rebellion against ballet, students may wear any color of leotard and tights with bare feet. Hair should be in a bun or pulled back from the face. No jewelry. No gum.

Jazz/Musical Theater:

This class revolves around Broadway-style dancing and is for students 8 and above. Classes include warm-ups, locomotive exercises, and centre floor. Any color leotard and tights are allowed (jazz pants/shorts are optional) with black jazz shoes. Hair should be in a bun or pulled back from the face. No jewelry. No gum.

Tap:

Our tap classes are based in Broadway-style tap for both children (age 6+) and adults (18+). Comfortable clothes are acceptable with tap shoes. Hair should be pulled back from the face. No jewelry. No gum.